## 12 NCAC 09B .0241 **JUVENILE JUSTICE SPECIALIZED** INSTRUCTOR **TRAINING** RESTRAINTS, CONTROLS AND DEFENSIVE TECHNIQUES

- (a) The instructor training course requirement for the Department of Public Safety, Division of Juvenile Justice Restraints, Controls and Defensive Techniques Specialized Instructor certification shall consist of at least 70 hours of instruction presented during a continuous period of not more than two weeks.
- (b) Each Juvenile Justice Specialized Instructor Training Restraints, Controls and Defensive Techniques course shall be designed to provide the trainee with the skills and knowledge to perform the function of the Juvenile Justice Restraints, Controls and Defensive Techniques Instructor in the "Basic Training for Juvenile Justice Officers" course and the "Basic Training for Juvenile and Chief Court Counselors" courses, as well as in-service training courses for juvenile justice officers and juvenile and chief court counselors.
- (c) Each applicant for enrollment in the Specialized Instructor Training Restraints, Controls and Defensive Techniques course shall:
  - Have completed the criminal justice general instructor training course; and (1)
  - (2)Possess a valid CPR certification that includes cognitive and skills testing.
- (d) Each Juvenile Justice Specialized Instructor Training Restraints, Controls and Defensive Techniques course shall include the following identified topical areas:
  - (1) Orientation;
  - (2) Introduction to Restraints, Controls and Defensive techniques;
  - (3) Physical Fitness/Warm-Up and Stretching Exercises;
  - (4) Response to Injury;
  - (5) Restraints, Controls and Defensive Techniques Basic Techniques;
  - Restraint Applications; and (6)
  - RCDT Program Student Evaluation and Testing (7)
- (e) The Commission-certified school that is certified to offer the Juvenile Justice Specialized Instructor Training Restraints, Controls and Defensive Techniques course is the Office of Staff Development and Training of the North Carolina Department of Public Safety.

History Note: Authority G.S. 17C-2; 17C-6; 17C-10;

> Eff. December 1, 2004; Amended Eff. May 1, 2014;

Pursuant to G.S. 150B-21.3A, rule is necessary without substantive public interest Eff. May 25,

2019.